

A FIRM FOUNDATION

Timeless Truth In Uncertain Times

**MARCH 13, 2022 / THE SPIRIT-FILLED LIFE / JOHN 7:37-39, GALATIANS 5:16-26
WE HAVE A NEW POWER TO LIVE A NEW LIFE TODAY.**

MANY OF US AREN'T FAMILIAR WITH THE HOLY SPIRIT AND THE VITAL ROLE HE PLAYS IN OUR CHRISTIAN LIFE. HE IS THE SOURCE OF POWER FOR EVERYONE WHO FOLLOWS CHRIST. HE IS ALSO A CONSISTENT AND PERMANENT PRESENCE IN THE LIVES OF EVERYONE WHO HAS PLACED THEIR FAITH IN JESUS. YET, DESPITE THE WONDERFUL ROLE THAT THE HOLY SPIRIT PLAYS IN OUR LIVES, MANY OF US TRY TO LIVE OUT OF OUR STRENGTH RATHER THAN RELYING ON THE HOLY SPIRIT TO FILL US.

1. On a scale from 1-10, rate how satisfied you feel in your life right now. Why did you answer in the way that you did?
2. Read John 7:37-39. Why do you think Jesus refers to the Holy Spirit as "Living Water"?
3. All of us are tempted to search for life apart from the source of life. What does your life look like when you live for your desires?
4. Read Galatians 5:16-18. Paul describes two types of lifestyles. One is dominated by "The flesh" (or our selfish cravings), and the other is life in "the Spirit." Do you ever feel this battle? If so, how?
5. Read Galatians 5:19-21. Have you ever tried to satisfy a genuine longing in your soul by anything on this list? If so, how did it make you feel?
6. Read Galatians 5:22-26. What aspect of the Spirit described in the passage resonates the most with what you need right now?

ARE YOU WILLING TO LIVE IN THE SPIRIT'S POWER? TAKE TIME TO WRITE OUT A PRAYER TO GOD, CONFESSING WAYS YOU HAVE TRIED TO COPE WITH THE PAIN OF THIS LIFE APART FROM HIM. ASK HIM TO FILL YOU WITH HIS SPIRIT AS YOU COMMIT YOURSELF TO FOLLOW HIM. FEEL FREE TO SHARE YOUR PRAYERS WITH EACH OTHER IF YOU FEEL LED.

ADDITIONAL RESOURCES

Below are some additional resources to help you deepen your knowledge and experience with the core truth in today's sermon. These resources include book references, articles, videos, podcasts, and RightNow Media material that can use by yourself or with a group. If you are not currently registered for Right Now Media, **click here**. Each resource is hyperlinked below, so you can click it.

- **The Holy Spirit by the Bible Project**
- **Forgotten God by Francis Chan**
- **What do we believe about the Holy Spirit? By RightNow Media**
- **How does the Holy Spirit help us? By RightNow Media**
- **How the Spirit Gives by Michael Horton**