

**Christian Meditation**  
**Psalm 1 / May 31, 2020**

We are beginning a series of studies in the Old Testament book of Psalms. The Psalms are poetry which require an imaginative reading involving feeling as well as thought. As prayers, often raw and gritty, they teach us to speak with God in the full context of the human experience.

**Read Psalm 1**

1. In a few words state what you see as the main teaching of this Psalm (v. 6).
2. What are the characteristics of the wrong way in this passage (v. 1)? (see James 1:14-15).
3. When you think of the law of God does it bring feelings of delight to you? If not, why not?
4. What is the central image here attempting to convey (vs. 3)? (see James 1:22-25)
5. Do you take time daily to think deeply, to focus your mind on God's Word?
6. What new habit could you begin to better live out the life pictured in this psalm?

***Holy Spirit guide me deeper into all truth that I might become more the person I was created to be.***